

FAMILY CARE

By: Dr. John Berezny

Chiropractic care is great for the whole family! Subluxations, misaligned or malfunctioning spinal bones, and their associated nervous system interference, can occur at any age. Often these spinal problems are present for years, or even decades, before noticeable symptoms appear. The human body is always healthier when the nervous system interference is corrected, allowing the body to heal and function properly. With



this in mind, our patients realize that it does not make sense to leave the kids at home – which could potentially result in them developing problems in the future. Our office has the fortune to treat a large number of families. Chiropractic is a wonderful way to enjoy better health now and to prevent future problems. An optimal spine and nervous system yields optimal health, especially when combined with other healthy lifestyle choices!

Every member of the family deserves optimal health, no matter their age or if they have any painful conditions. Chiropractic is important for the health of a child and a senior citizen, and for every age in between, because it helps keep the body working properly. Chiropractic care helps the whole body work better, including digestion and the immune system, since every part of the body is controlled and coordinated by the nervous system.

We at Berezny Chiropractic have always valued the health of every family member. This is the reason we take great pride in educating our patients and in making chiropractic care affordable for the whole family. Which member of your family does not deserve optimal health now and in the future? They all do of course! Give our office a call to schedule a no cost consultation with Dr. Berezny to learn about adding chiropractic care to your family's health routine. You could also call our office to attend one of our free Health Talks and feel free to bring a friend, they deserve better health too.

Remember, your health is priceless and a small investment now can pay great dividends into the future. It is always easier (and more cost effective) to maintain your health while you have it than to try to regain it once you have lost it. We look forward to hearing from you and helping you and your family stay healthy.