

SENIOR CARE

By: Dr. John Berezny

We love our mature patients here at Berezny Chiropractic! They add so much joy to our practice. Seniors often present with very chronic and often complicated conditions due to the number of years that have passed since the problems began and possibly gone untreated. Chiropractic treatment of seniors is exciting because great results can often be experienced in a relatively short period of time, even when other treatments have failed. Chiropractic yields results naturally,

providing pain relief
stamina, strength and

without drugs or surgery,
and better balance,
coordination.

“chiropractic can add
years to your life and
life to your years!”

Many seniors today are
deteriorating conditions
disability and a feeling
because of the things
do, but still want to do.

must simply accept and

and dysfunction, or mask the symptoms

with costly and often dangerous

medications (most of which have more side effects than benefits). Chiropractic care is covered by Medicare and has proven to inexpensively give not only relief, but also a much better quality of life, to seniors. One of our favorite sayings here at Berezny Chiropractic is that “chiropractic care can **add years to your life and life to your years!**” We know that our seniors have worked long and hard to get where they are and they deserve to be active and healthy and to enjoy their mature years and we are here to help them do just that.

faced with
and a life of pain,
of frustration
they can no longer
Many feel that they
live with the pain

Chiropractic care is gentle
and effective, even if
osteoporosis (bone density
loss) and arthritis are present.
Adding chiropractic care to a
healthy lifestyle at any age
can help ensure optimal
health and function now and
into the future. Take time for
your health now, or you will
have no health for your time
tomorrow!



Please call our office to attend one of our free Health Talks or to schedule a no cost, private, consultation with Dr. Berezny. A world of better health and a more active and fulfilling life await you!